

SeaPark Resort

4 Season Sport Village



... on the wave of Wellness

7 Reasons to choose SeaPark Resort

4 Season Sport Village

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Cosy environment with a large **green area**, romantic **"veranda"** at the edge of the swimming pool and the sea just a few steps away.

A Paradise for **sports** and **physical activity throughout the year**, with **completed itinerary for bikes and motor bikes. Football field and gym.**

Total relief wrapped in the magic atmosphere of the **SPA** with **sauna, Turkish bath, emotional shower, Jacuzzi and area relax**

Wellness and beauty centre with massages and **beauty treatments for her and for him.**

Sports programs with **personal trainers** and **experienced instructors. Planned excursions** every day by **bikes** or **motorbikes. Jogging itinerary** recommended by the hotel.

Tickle the appetite with lots of **delicatessen of this region**, followed by **precious wines located around Teramo district.**

Warm and welcoming atmosphere for **tradition**, since the 50', Tafa' family offers **hospitality**. Find out the pleasure of **wellness**, experiencing a **holiday full of emotions.**

Hospitality for tradition



Since the opening back in 2003, the **Sea Park Resort 4 Season Sport Village**, has already won a prominent place for your holidays in Abruzzi.

In the SeaPark Resort you will find an elegant hospitality inherited from 3 generations. Since 1950, year of birth of the first hotel, **Tafà family** still runs with excellent achievement some renowned hotels in Giulianova.

Under careful attention from **Andrea Tafà**, in **SeaPark** reigns "*holiday for the well being*" as a philosophy of life.

That's why comes to life a rich and complete offer: wellness e relax, sport and lots of healthy movement. Idleness and good deli.

S = Sea & Wellbeing

This sea is full of voices and this sky is full of visions

Giovanni Pascoli



Sea is a real natura SPA

Il mare si prende cura di noi e del nostro benessere in tanti modi:
acqua, sole, iodio e sali minerali.

Is not just water but is mostly the air we breath if we consider the health effects of a refresh holiday on the beach.

Because the sea takes good care of us in many ways gather in one word “**thalassotherapy**”.



The combination of iodine and mineral salts and oligoelements nourishes and cares the skin.

Seawater massages legs, tones up muscles and stimulates blood circulation.

The sea, a natural cure

- Iodine
- Mineral salts
- Oligoelements
- Tones your legs
- Stimulates circuation

S = Abruzzi



Abruzzo: a land to be discovered!

This beautiful region houses 3 national parks (Abruzzi, Gran Sasso, Majella) and a regional park too (Sirente Velino). More than 30% of the region results a preserved area. Abruzzi is a fantastic region in Italy and is also known as "green region" or "parks' region" in Europe.

Once you discover it, you will definitely want to come back. **Sea, hospitality, atmosphere, air, culture and deli** of this region will never disappoint you!

One hundred and thirty kilometers of coast suitable for all tastes. Infact Abruzzi's coastline does not introduce itself as homogeneous coast, wide beaches, high cliffs, small creeks, stone's beaches and, in some scratch, also wild.

Wilderness, full of contradictions, Abruzzo concentrates in a short space the sweetness of the sea and the harshness of the mountain, where time passes between an incredible mixture of quite country life to a life lived in a hurry.



Hospitality in Giulianova

You will discover new sensations on the rolling hills of Giulianova: it's like touching the sky and the sea surrounded by the Adriatic sea breeze!

The upper town, located a short distance from the sea, with the dome of St. Flaviano that vigils over the city!



From the terrace on the sea you can admire a particular viewpoint of the Abruzzi coast, very impressive especially at dawn and dusk...

Beauty is a fragile good.

Ovidio (Abruzzi poet)

What awaits you in Giulianova? A golden beach and clear sea to relax, a waterfront with bike smells of pine and oleander, the smell of the sea on the table and much more...



S = Healthy eating



Giulianova's culinary tradition consists mainly in fresh fish dishes, first of all is the famous "*Brodetto alla Giuliese*" (fish soup).

Between sea and mountains. Between good food and heady aromas of wines. Between reality and fantasy. Between music and poetry.

Then you will also discover our cooking-art that will surprise you with its characteristic flavours: tasty lunches and dinner, where product and local receipt keep the taste of tradition. Here with us is particularly rich and present.



Tickle the appetite

Good morning with taste!

Rich buffet breakfast, with a BIO corner, fresh orange juice, home made pies and cakes.

Lunch

Menu choice between courses of meat and fish, hot and cold buffet, fruits and desserts with a wide choice of wines.

The afternoon big snack

From 4 to 5 pm, a rich sweets buffet with all our patisserie specialities, awaits for you at our cocktail bar by the pool

Dinner by the pool

Delicious dinner with wide choice of dishes. Once a week characteristic candlelight dinner and a wide choice of wine from our cellar.

Evenings in our cocktail bar

After dinner spend the evening with good music and delight your palate with rare spirits and **special events**. Don't miss our cocktails that our bartender will arrange for you, like the one "*I can resist everything but not temptation*"

Abruzzi: a “divine” tradition

“In vino Veritas”

This is the “motto” that dominates the entrance of our wine cellar!

The best wines from renowned wine tradition: Montepulciano d’Abruzzo, Trebbiano d’Abruzzo as well as a fine selection of Italian wines just waiting to be tasted by you.



The Wine tradition of Teramo district boasts several precious wines:

- Montepulciano d’Abruzzo *Colline Teramane* DOCG
- Montepulciano d’Abruzzo DOC
- Trebbiano d’Abruzzo DOC
- Controguerra DOC
- Colli Aprutini DOC

Wine is the song of hearth to the heaven.

Luigi Veronelli
(Italian wine and food expert)

Water: the element of life

Water is the **lifeblood** from which everything is born



Water is the **source of life.**

Salus Per Aquam

Health through water, is the basic concept of **Wellness.**

The water gives benefit to the health of body and mind.



S = SPA

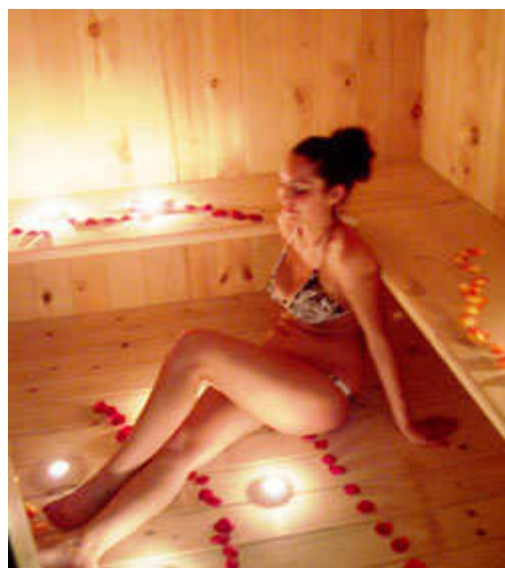
Finding peace of the soul in the path of thermal SPA



It is the path that helps us to “download” all thoughts. Since the entrance to the SPA gives a feeling of relaxation.



The first approach we recommend is an **emotional shower** radiates hot and cold water intermittently and the lights and aromas make this journey enjoyable.



Sounds, colors mix in a quiet environment that has more added values in the **Finnish sauna** and **Turkish bath**...



Natural SPA



Green gold

Olive oil nutritious treatment

Peeling with olive pit to purify the skin, followed by a nourishing anti-age.

ca. 50 min. € 77.00

Milk & Honey

Milk and honey toning treatment

Exfoliation with brown sugar and honey to smooth and purify the skin after moisturizing wrap with milk and honey.

ca. 50 min. € 77.00



Red Grapes

Anti-age red grapes treatment.

Peeling with grapes seeds to purify and regenerate the skin.

ca. 50 min. € 77.00

Natural SPA

Green Gold
Milk & Honey
Red Grapes

Body Styling

Rimodella il tuo corpo



Massage "de argile"

Treatment of anti-cellulite and draining clay.

Clay pack that stimulates lymphatic drainage and a relaxing massage on the back.

ca. 50 min. € 87.00

Massage au chocolat

Modelling treatment at the heart of chocolate

The sweetness of the chocolate to streamline your body with its functions anti-cellulite and anti-oxidant.

ca. 50 min. € 87.00

Aroma Essences

Aroma windings

Peeling and hydro in smelling salts to a draining, slimming or toning.

On optional:

Relax: helps you lessen tensions

Flow: helps the elimination of liquids

Detox: combats cellulite and fatty deposits

Tonic: tone your body

ca. 80 min. € 107.00



Perfect Jambes

Windings seaweed

Fresh seaweed mask that promotes drainage, circulation and reduces the sense of heaviness.

ca. 50 min. € 77.00

Perfect Tonic

Toning treatment with brown algae.

A mask made of vitamins and seaweed that stimulates cell renewal, restore tone and elasticity to the skin.

ca. 50 min. € 77.00



Body Styling

Rimodella il tuo corpo

Massage de argile

Massage au chocolat

Aroma Essences

Perfect Jambes

Perfect Tonic



Treatments

for Her...

Visage

Clean face

ca. 50 min. € 98.00

Treatment Pureté

Mixed skin

ca. 50 min. € 98.00

Nutrition Treatment

Dry skin

ca. 50 min. € 98.00

Douceur Treatment

Sensitive skin

ca. 50 min. € 98.00



Corps

Manicure

Hands soft, smooth and perfectly groomed nails

€ 40,00

Pedicure

Exfoliation, nourishing and massage to make your feet light

€ 45,00

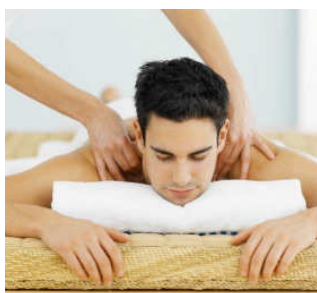
Waxing with beeswax

From € 25,00 to € 65,00

Professional Make-Up

€ 35,00

...for Him



Visage

Clean face

ca. 50 min. € 98.00

Energie express

Purifying and refreshing

ca. 50 min. € 98.00

Trattamenti

per Lei...

VISAGE

Pulizia viso

Trattamento Pureté

Trattamento Nutrition

Trattamento Douceur

CORPS

Manicure

Pedicure

Professional Make-Up

Depilazione con cera

d'api

...per Lui

VISAGE

Pulizia Viso

Energie express

Trés Homme

CORPS

Depilazione con cera

d'api

Trés Homme

Purifying and toning

ca. 50 min. € 98.00

Waxing with beeswax

From € 25,00 to € 50,00

Massaggi Relax



Swedish massage

Helps oxygenation, improves the mood and balance.

ca. 45 min. € 67.00

ca. 20 min. back €43.00

aromatic relaxing massage

massage with essential oils, the smooth movements take away tensions and donate wellness and harmony.

ca. 45 min. € 67.00

ca. 20 min. back € 43.00



Californian massage

It is the king of massages: rest, calm tones, makes flexible joints, stimulates circulation, aids digestion and elimination of toxins.

ca. 90 min. € 90.00

Anticellulite massage

Stimulates the circulation and removes the lymphatic restraint

ca. 45 min. € 77.00

Sports massage

Ideal for those who practice a lot of sport, loosens the muscles and restores blood flow.

ca. 45 min. € 72.00

Aromamassage

The essential oils dissolve accumulated tensions

ca. 45 min. € 67.00

ca. 20 min. back € 43.00

Relaxing massage

Releases tensions and muscle contractions, giving an immediate relief.

ca. 45 min. € 77.00



Treatments

Aromamassage
Relaxing massage
Swedish massage
Aromatic relaxing massage

Californian massage
Anticellulite massage
Sports massage

Orient

Kerala

Ayurvedic massage, promotes sleep, purifies and nourishes the skin, oxygenates the tissues and strengthens the immune system.

ca. 80 min. € 110.00

Shirodhara

The Shirodhara is the deeper practice and one of the most pleasant between the Ayurvedic treatment: a little oil to body temperature on the forehead in a steady and regular free the mind to fill with positive thought.

ca. 60 min. € 122.00

Synchronous four-hand massage

Four-handed Ayurvedic massage with synchronized movements that give comfort and deep relaxation.

ca. 50 min. € 137.00

Shiatsu

With pressure distributed along the meridians on the body, rebalances energy blocks, and eliminates joint and muscle pains bringing lightness to the body.

ca. 50 min. € 90.00

Thai Massage

Stretching and acupressure stimulate the movement for the welfare of muscles and joints.

ca. 75 min. € 133.00

TuiNa

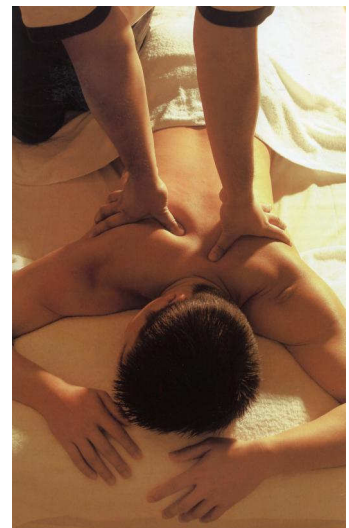
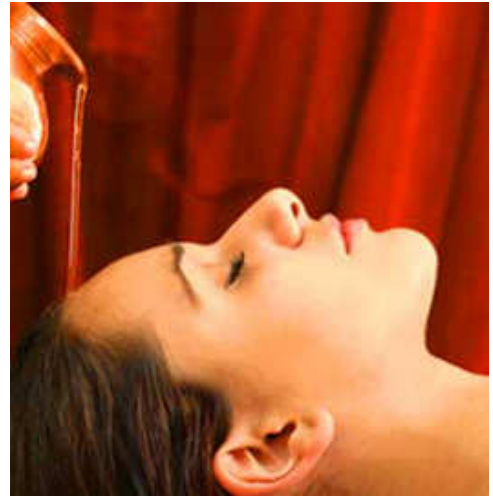
Chinese traditional massage that balances the Yin and Yang energies, strengthening the body's defences.

ca. 75 min. € 133,00

Reflexology

On the sole of the foot reflects our body by stimulating and massaging a certain point, the respective system is positively influenced, the body relaxed and rebalanced.

ca. 45 min. € 70.00



Oriente

Kerala

Shirodhara

Synchronous four-hand massage

Shiatsu

Thai massage

Reflexology

TuiNa

S = FITNESS

Fit in with nature!

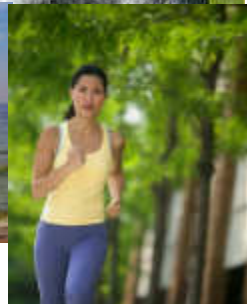
Spend some hours in the new gym with cardio machines and isotonic **Technogym**, under the careful guidance of a **personal trainer**.

You can follow the **jogging path** recommended by the hotel (almost 10 km) or work out on our **sports facility** with **grass football field** adjacent to the Resort.

Then immerse yourself in the **pool** to practice swimming or water aerobics without losing the opportunity to enjoy our whirlpool area!

In short walk from our hotel you can go to the **beach**, walking on the shore and practice **exercises on the sand**, caressed by the sun, then relax in the solarium pool view.

- *Technogym gym*
- *Personal Trainer*
- *Jogging path*
- *Grass football field*
- *Swimming pool*
- *Whirlpool area*



S = BIKE



You will have the opportunity to participate in **cycling trips** on the new bike path that connects the coast of Teramo.



Trails of varying difficulty to discover the beauties and treasures of our land starting directly from the Resort!

S = MOTORBIKE



"At the foot of Gran Sasso"

Pathways, workshops, garages and tourist guide. The variety and richness of its massive nature and the different sides, the beautiful historical and architectural treasures are reflected in a multitude of proposals, tours and visits for all seasons.

A sea resort can be choose to relax on the beach, but Giulianova offers much more than a beach holiday. And in fact surrounded by magnificent parks of Abruzzo, one of the nearest National Park of Gran Sasso and the Majella, in addition to offering spectacular caves and limestone rock shows, such as Grotte di Stiffe and Grotte di Cavallone.

Gabriele d'Annunzio also has made this place immortal in his poems..



All riding activities on the Gran Sasso!

MONTI DELLA LAGA, PRATI DI TIVO, CAMPO IMPERATORE, ASCOLI, MONTE CEPPO, GRAN SASSO, POPOLI, CAPANNELLE PASS AND MANY OTHERS...



- *Excursions by bicycle or motorbike with departure from the hotel*
- *Workshop*
- *Garage*
- *Travel Guide*
- *Possibility of flagship for groups of 10 participants*



S = KID'S CLUB



Hi guys!

We're waiting for you at

S-Kid's Club!

We're waiting for you here at S-Kid's Club!
We will take care of you from 9.30 a.m. to
10.00 p.m. For you children a complete
program!

Games, creative activities, sport and amusement while your parents relax themselves!



S-Kid's Club!

Dalle 9.30 alle 22.00

Giochi

Parco giochi indoor e outdoor

Parci giochi sulla spiaggia

Attività creative

Scuola calcio

Divertimento

Baby dance

Cabaret

Baby Menu

Cene a tema con gli animatori

S = Soccer School



soccer school with expert coach(ex professional soccer player of Italian soccer teams like Reggiana, Spal...) in our soccer field nearby the Resort.



As a gift a T-Shirt of **SeaPark** soccer school.

SPA Programs

Natural SPA Natural Beauty

COMPLETE

2 Green Gold
2 Milk & Honey
2 Red Grapes

€ 415,00

SHORT

1 Green Gold
1 Milk & Honey
1 Red Grapes

€ 210,00



Relax

No stress to find again harmony

COMPLETE

1 Complete Aromamassage
1 Aromamassage or Swedish back massage
1 Relaxing massage
1 Swedish complete massage
1 Relaxing aromatic complete massage
1 Relaxing aromatic back massage
1 Anti-Cellulite or sport massage
1 Facial cleaning

€ 485,00

SHORT

1 Aromamassage back
1 Relaxing massage
1 Swedish back massage
1 Anti-Cellulite or sport massage
1 Relaxing aromatic back massage

€ 255,00

SPA Programs

Oriental Relax

Purify yourself and find the equilibrium

COMPLETE

- 2 Kerala
- 1 Shirodhara
- 2 Shiatzu
- 1 Thai Massage
- 1 Reflexology
- 1 Tui na Massage

€ 770,00

SHORT

- 1 Kerala
- 1 Shirodhara
- 1 Shiatzu
- 1 Thai or Tui na Massage
- 1 Reflexology

€ 470,00



Perfect Body

Toning and strengthening

COMPLETE

- 2 Massage de argile
- 1 Massage au chocolate
- 2 Aroma Essences
- 1 Perfect Jambes
- 1 Perfect Tonic
- 1 Facial cleaning

€ 655,00

SHORT

- 1 Massage de Argile
- 1 Massage au chocolat
- 1 Aroma Essences
- 1 Perfect Jambes
- 1 Perfect Tonic

€ 390,00

I LOVE
"Sport & Nature"
from 06/02/2010 to 22/05/2010



A customised athletic program to regain your psycho-physical balance and find the top form.

Ideal to take a break from the stress of everyday life.

Full Board		Half Board	
Full Week 7 days	€ 395,00	Full Week 7 days	€ 340,00
Short Stay 3/4 days	€ 219,00	Short Stay 3/4 days	€ 189,00

Prices are intended for person in double room for the whole stay

The **program** includes:

- The services of Wellness "all inclusive SeaPark"
- 1 relaxing massage
- 1 toning massage

Short stay: 4 days (Sunday to Thursday) ; 3 days (Thursday to Sunday)

I LOVE
"Beauty & Vitality"
from 06/02/2010 to 22/05/2010



Find the lightness of body and mind thanks to the massages and attentive care of our staff.

Full Board		Half Board	
Full Week 7days	€ 395,00	Full Week 7 days	€ 340,00
Short Stay 3/4 days	€ 219,00	Short Stay 3/4 days	€ 189,00

Prices are intended for person in double room for the whole stay

The **program** includes:

- The services of Wellness "all inclusive SeaPark"
- 1 intergral body massage
- 1 Beauty mask

hort stay: 4 days (Sunday to Thursday) ; 3 days (Thursday to Sunday)

I LOVE
"MY MOTO"
From 06/04/2010 to 22/05/2010



We travel all year long...

Half board	
Long Stay 6 days	€ 250,00
Short Stay 3/4 days	€ 160 ,00

Prices are intended for person in double room for the whole stay

Information:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Possibility of flagship for groups of 10 participants • Garage • Workshop 100 mts far from Hotel • In case of breakage, support and carry bikes at the hotel | <ul style="list-style-type: none"> • Welcome cocktail and briefing on arrival routes • Delivery browser and print routes and mileage with contours • Access to health club • Beach service |
|---|--|



HOW TO REACH US.

Rome

A/24 motorway, exit the motorway and proceed towards Basciano Mosciano Sant'Angelo. So take SS 80 towards Giulianova. Arrived in the town take the Lungomare Zara and follow it for about 2 km and turn left into nerves and immediately right in Via Arenzano.

Ancona and Pescara

Highway A14, exit at Mosciano Sant'Angelo and to continue on SS 80 towards Giulianova. Arrived in the town take the Lungomare Zara and follow it for about 2 kms and turn left into Via Nervi and immediately right in Via Arenzano.

Airplane flights

Pescara, distance: about 50 minutes by car. At the request taxi transfers available from the airport from € 60.00 one way.

Ancona distance: about 1 hour 15 minutes by car.

At the request taxi transfers available from the airport from € 120.00 per case.

Rome distance: about 2 ½ hours by car. At the request taxi transfers available from / to the airport from € 160.00 per case.



Transfer through the Hotel Reservations

Possibility to rent cars and scooters on site with service delivery / pick-up at the hotel.