



SeaPark Resort

4 Season Sport Village

BEAUTY & WELL-BEING

... on the wave of wellness

Searching the Wellness

Everyday life is always more distressing and difficult, that's why holidays are useful to take off stress and working tension; to regenerate oneself and tone up to get fit: in holiday it's possible!

If the body is at the top form also the soul have their strength back.

Here, at few distance from the sea, you'll be cuddled by exclusive and personalized treatments.

Here in SeaPark Resort 4 Season Village we've put together the best for you: from treatments with natural products of the world of Natural SPA, passing through the most modern and innovative methods to discover the secrets of oriental philosophies.

*Welcome to SeaPark Resort,
The isle of your wellbeing!*

SeaPark Resort

4 Season Sport Village

BEAUTY & WELL-BEING

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Fit your body

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Wellness packets for your needs

Natural SPA



Green Gold

Olive oil nutritious treatment

Peeling with olive pit to purify the skin, followed by a nourishing anti-age.

ca. 50 min. € 77.00

Milk & Honey

Milk and honey toning treatment

Exfoliation with brown sugar and honey to smooth and purify the skin after moisturizing wrap with milk and honey.

ca. 50 min. € 77.00



Red Grapes

Anti-age red grapes treatment.

Peeling with grapes seeds to purify and regenerate the skin.

ca. 50 min. € 77.00



Body Styling

Fit your body



Massage de argile

Treatment of anti-cellulite and draining clay.

Clay pack that stimulates lymphatic drainage and a relaxing massage on the back.

ca. 50 min. € 87.00

Aroma Essences

Aroma Windings

Peeling and hydro in smelling salts to a draining, slimming or toning.

On optional:

Relax: helps you lessen tensions

Flow: helps the elimination of liquids

Detox: combats the cellulite and fatty deposits

Tonic: tones your body



Perfect Tonic

Toning treatment with brown algae.

A mask made of vitamins and seaweed that stimulates cell renewal, restores tone and elasticity to the skin.

ca. 50 min. € 77.00



Massage au chocolat

Modelling treatment at the heart of chocolate

The sweetness of the chocolate to streamline your body with its functions anti-cellulite and anti-oxidant..

ca. 50 min. € 87.00

ca. 80 min. € 107.00

Perfect Jambes

Windings seaweed

Fresh seaweed mask that promotes drainage, circulation and reduces the sense of heaviness.

ca. 50 min. € 77.00





for Her...



Treatment Douceur

Sensitive skin
ca. 50 min. € 98.00

Visage

Clean face

ca. 50 min. € 98.00

Puretè Treatment

Mixed skin

ca. 50 min. € 98.00

Nutrition Treatment

Dry skin

ca. 50 min. € 98.00

Treatments

Corps

Manicure

Hands soft, smooth and perfectly groomed
nails

€ 40,00

Pedicure

Exfoliation, nourishing and massage to
make your feet light

€ 45,00

Waxing with beeswax

From € 25,00 to € 65,00

Professional Make-Up

€ 35,00



...for Him

Visage

Clean face

ca. 50 min. € 98.00

Energie express

Purifying and refreshing

ca. 50 min. € 98.00

Trés Homme

Purifying and Toning

ca. 50 min. € 98.00

Waxing with beeswax

From € 25,00 to € 50,00

Massages



Aromamassage

The essential oils dissolves accumulated tensions

ca. 45 min. € 67.00

ca. 20 min. back € 43.00

Relaxing Massage

Release tension and muscle contractions, giving a immediate relief

ca. 45 min. € 77.00



Swedish Massage

Promotes oxygenation, improves the mood and balance

ca. 45 min. € 67.00

ca. 20 min. back € 43.00

Relaxing aromatic massage

Massage with aromatic oils, the delicate movements away stress and give welfare harmony

ca. 45 min. € 67.00

ca. 20 min. back € 43.00



Californian massage

It is the king of massages: rest, calm tones, makes flexible joints, stimulates circulation, aids digestion and elimination of toxins

ca. 90 min. € 90.00

Anti-Cellulite massage

Stimulates circulation and removes the stagnation of lymphatic vessels

ca. 45 min. € 77.00

Sport Massage

Ideal for those who practice a lot of sport, loosens the muscles and restores blood flow

ca. 45 min. € 72.00

Oriental

Kerala

Ayurvedic massage, promotes sleep, purifies and nourishes the skin, oxygenates the tissues and strengthens the immune system

ca. 80 min. € 110.00

Shirodhara

The Shirodhara is the deeper practice and one of the most pleasant between the Ayurvedic treatment: a little oil to body temperature on the forehead in a steady and regular free the mind to fill with positive thoughts

ca. 60 min. € 122.00



Synchronous four-hand massage

Four-handed Ayurvedic massage with synchronized movements that give comfort and deep relaxation.

ca. 50 min. € 137.00

Shiatsu

With pressure distributed along the meridians on the body, rebalances energy blocks, and eliminates joint and muscle pains bringing lightness to the body

ca. 50 min. € 90.00

Massaggio



Stretching and acupressure

stimulate the movement for the welfare of muscles and joints.

ca. 75 min. € 133.00

Reflexology

On the sole of the foot reflects our body by stimulating and massaging a certain point, the respective system is positively influenced, the body relaxed and rebalanced.

ca. 45 min. € 70.00

TuiNa

Chinese traditional massage that balances the Yin and Yang energies, strengthening the body's defences.

ca. 75 min. € 133.00

Thai

S = SPA

Your wellbeing in mind we have prepared special packages that allow you to enjoy the best of our wellness area.

So you return to love yourself, discovering the delights hidden from hectic everyday life and work stress.

Our Programs Spa allows you to enjoy a holiday unique and fascinating turn it into an unforgettable experience that will allow you to rediscover your inner self!

...on the wave of Wellness



SPA Programs

Natural SPA Natural Beauty

COMPLETE

- 2 Green Gold
- 2 Milk & Honey
- 2 Red Grapes

€ 415,00

SHORT

- 1 Green Gold
- 1 Milk & Honey
- 1 Red Grapes

€ 210,00

Relax

No stress to find again harmony

COMPLETE

- 1 Complete Aromamassage
- 1 Aromamassage or Swedish back massage
- 1 Relaxing massage
- 1 Swedish complete massage
- 1 Relaxing aromatic complete massage
- 1 Relaxing aromatic back massage
- 1 Anti-Cellulite or sport massage
- 1 Facial cleaning

€ 485,00

SHORT

- 1 Aromamassage back
- 1 Relaxing massage
- 1 Swedish back massage
- 1 Anti-Cellulite or sport massage
- 1 Relaxing aromatic back massage

€ 255,00



SPA Programs

Oriental Relax

Purify yourself and find the equilibrium

COMPLETE

- 2 Kerala
- 1 Shirodhara
- 2 Shiatzu
- 1 Thai Massage
- 1 Reflexology
- 1 Tui na Massage

€ 770,00

SHORT

- 1 Kerala
- 1 Shirodhara
- 1 Shiatzu
- 1 Thai or Tui na Massage
- 1 Reflexology

€ 470,00



Perfect Body

Toning and strengthening

COMPLETE

- 2 Massage de argile
- 1 Massage au chocolat
- 2 Aroma Essences
- 1 Perfect Jambes
- 1 Perfect Tonic
- 1 Facial cleaning

€ 655,00

SHORT

- 1 Massage de Argile
- 1 Massage au chocolat
- 1 Aroma Essences
- 1 Perfect Jambes
- 1 Perfect Tonic

€ 390,00

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